

## 3-in-3 Chain with Orbitals – Basic Directions

Aspect ratio: 7.0

Class exercise ring size:

- 18 AWG (1.02mm) 0.281" (7.1mm)

1. Close all the green rings.

2. Close 2 plain rings and 1 red ring and place them on a tail wire with the red ring in the middle.



3. Open a red ring. Hold a green ring against the end of the chain, pass the red ring in and out of the green ring going through all three rings on the end of the chain, and close the red ring.



4. Add two plain rings, one on each side of the red ring, going through all three of the rings.



5. Repeat steps 3 and 4 until complete.

