

Celtic Star – Basic Directions

Class exercise ring sizes:

- “A” – 16 AWG (1.29mm) 0.313” (7.9mm)
- “B” – 18 AWG (1.02mm) 0.156” (4.0mm)
- “C” – 16 AWG (1.29mm) 0.250” (6.4mm)
- “D” – 16 AWG (1.29mm) 0.203” (5.2mm)

1. Close 10 “B” rings and put them on the “C” ring.
Close the “C” ring.



2. Add 5 “A” rings. Each “A” ring goes through 2 of the “B” rings.



3. Connect the 5 “A” rings together with 5 “B” rings.



4. Add 5 “A” rings. Each “A” ring goes through 2 of the “B” rings, 1 from each of the “A” rings beneath it.



5. Turn the star over, and repeat the previous step so that each of the outside “A” rings sandwiches the edges of two of the original “A” rings.



6. Use the remaining 10 “B” rings to hold the perimeter of the star together. Each of the “B” rings goes through 3 “A” rings.



7. Add the 5 “D” rings around the outside of the star connecting adjacent pairs of the outside “B” rings.

