

Cross-Linked Chain – Basic Directions

Class exercise ring sizes:

- 16 AWG (1.29mm) 0.188” (4.8mm)
- 18 AWG (1.02mm) 0.141” (3.6mm)

1. Close a red ring, insert a green ring through the red ring, and close it.



2. Insert a large plain ring through the red and green rings and close it. Add a tail wire to the large ring. This is the start of the chain.



3. Close a red ring, insert a green ring through the red ring, and close it. Make sure both pairs of red and green rings spiral in the same direction.



4. Insert a large plain ring through the new pair of red and green rings from the previous step, and through the pair of red and green rings on the end of the chain and close it.



5. Repeat steps 3 and 4 until complete. Insert a large plain ring through the last pair of red and green rings and close it.

