

DNA Chain – Basic Directions

a.k.a. This is Not Food

Similar weaves: Not DNA Chain, Double Not DNA Chain

Class exercise ring sizes:

- 16 AWG (1.29mm) 0.313” (7.9mm)
- 18 AWG (1.02mm) 3mm

As with many chain weaves, there are several different ways to assemble the DNA Chain. My students find this method to be the easiest.

1. Close a large ring and place it on a tail wire.



2. Close two small rings through the first large ring.



3. Close a large ring through both small rings and the large ring.



4. Flip the last large ring back.



5. Split the two small rings apart and slide one to each side of the pair of large rings.



6. Pull the last large ring toward the end of the chain forcing the two small rings into position on each side of the connection.



7. Close two small rings through the previous large ring, and close a large ring through both small rings and the large ring.

Note: The new large ring must go through the three rings in the opposite orientation as the previous ring goes through the one before it.



8. Flip the last large ring back.



9. Pull the last large ring toward the end of the chain forcing the two small rings into position on each side of the connection.

Note. The orientation of the last large ring with respect to the previous two rings has changed, and we have a spiral.



10. Repeat steps 7 through 9 until complete

