

## Not Tao 3 – Basic Directions

Class exercise ring sizes:

- 14 AWG (1.63mm) 0.250" (6.4mm)
- 14 AWG (1.63mm) 0.344" (8.7mm)

1. Close the two large jump rings, and close three of the small rings around both large rings.



2. Open a small jump ring, capture the outside of one of the small rings from step 1, go between the large rings and capture the inside of the adjacent small ring, and close the ring.



3. Open another small jump ring, capture the outside of the second ring from step 2, go between the large rings and capture the inside of the last small ring, and close the ring.



4. Open the last small jump ring, capture the outside of the second ring from step 3, go between the large rings and capture the inside of the first small ring from step 2, and close the ring.

