

Not Tao 4 – Basic Directions

Class exercise ring sizes:

- 14 AWG (1.63mm) 0.313” (8.7mm)
- 16 AWG (1.29mm) 0.203” (5.2mm)
- 18 AWG (1.02mm) 0.203” (5.2mm)

1. Close the two 14 gauge jump rings, and close all four of the 16 gauge rings around both 14 gauge rings.
2. Open one 18 gauge jump ring, capture the outside of one of the 16 gauge rings from step 1, go between the two 14 gauge rings and capture the inside of the adjacent 16 gauge ring, and close the ring.
3. Open another 18 gauge jump ring, capture the outside of the second 16 gauge ring from step 2, go between the two 14 gauge rings and capture the inside of the adjacent 16 gauge ring, and close the ring.
4. Open another 18 gauge jump ring, capture the outside of the second 16 gauge ring from step 3, go between the two 14 gauge rings and capture the inside of the adjacent 16 gauge ring, and close the ring.
5. Open the last 18 gauge jump ring, capture the outside of the second 16 gauge ring from step 4, go between the two 14 gauge rings and capture the inside of the first 16 gauge ring from step 2, and close the ring.



The Not Tao 4 weave may also be constructed using:

- 14 gauge (1.63mm) 0.313” (8.7mm)
- 16 gauge (1.29mm) 0.203” (5.2mm)
- 16 gauge (1.29mm) 0.219” (5.6mm)