

Not Tao 5 – Basic Directions

Class exercise ring sizes:

- 14 AWG (1.63mm) 0.406” (10.3mm)
- 16 AWG (1.29mm) 0.219” (5.6mm)
- 16 AWG (1.29mm) 0.188” (4.8mm)

1. Close the two large jump rings, and close all five of the middle sized rings around both large rings.



2. Open a small jump ring, capture the outside of one of the middle sized rings, go between the large rings and capture the inside of the adjacent middle sized ring, and close the ring.



3. Open another small jump ring, capture the outside of the previous middle sized ring, go between the large rings and capture the inside of the next middle sized ring, and close the ring.



4. Repeat the previous step three more times until all the middle sized rings are connected.

