

Parallel Chain – Basic Directions

a.k.a. Helm Chain

Class exercise ring sizes:

- 18 AWG (1.02mm) 0.141” (3.6mm)
- 18 AWG (1.02mm) 0.234” (6.0mm)

1. Close two small rings and put them on a tail wire. Close two large rings through the two small rings.



2. Close two small rings through the two large rings.



3. Close a large ring between the two large rings and around the last two small rings added.



4. Close two large rings, one on each side of the large ring from step 3, through the last two small rings.



5. Close two small rings through the two large rings from step 4.



6. Repeat steps 3 through 5 until complete.

