

This Is Not Water Chain – Basic Directions

Class Exercise ring sizes:

- 18 AWG (1.02mm) 0.156" (4.0mm)
- 18 AWG (1.02mm) 0.313" (7.9mm)

1. Close all the small rings.

2. Open a large ring, pick up a closed small ring in it, close it and add a tail wire.



3. Open a large ring, pick up a closed small ring in it, insert it through the previous large ring from the bottom of the ring, close it and position it with the high side away from you.



4. Open a large ring, pick up a closed small ring in it, insert it through the previous large ring from the bottom of the ring, insert it through the small ring from two previous steps ago, close it and position it with the high side away from you.



Make sure that the three large rings are in a spiral relationship to each other, and that the small ring connecting the first and third large ring is perpendicular to the second large ring.

5. Repeat step 4 until there are only two large rings left.



6. Open the next to the last large ring, insert it through the previous large ring from the bottom of the ring, insert it through the small ring from two previous steps ago, close it and position it with the high side away from you.



7. Open the last large ring, insert it through the previous large ring from the bottom of the ring, insert it through the small ring from two previous steps ago, close it and position it with the high side away from you.

